



« Renaissance Transparent Aligner »

Thank you for choosing Renaissance Transparent Aligner System.

Please pay close attention to the following recommendations to get the fast, safe, and desirable results, otherwise your teeth may not move.

- Aligners must be worn 22 hours per day.
- Your dentist will advise you the duration which each aligner must be used which is usually between two to four weeks.
- At the time of insertion please ensure the aligner clicks into place properly over the composite attachments that your dentist has placed on your teeth otherwise your teeth may not move.
- If you lost or damaged your aligner notify its number to your dentist immediately so that a duplicate of it be made for you. During that period you can wear the previous numbered aligner, therefore do not discard the aligners right after the end of its period for about a month.
- If the tooth colored composite attachments that your dentist has placed on your tooth/teeth fell off report it to your dentist immediately.
- Slight pain or discomfort during first or two days after using each aligner is a good sign of force being applied to your tooth/teeth, and it is normal. Please contact your dentist if the pain is more than you can endure.
- Remove the aligners before drinking warm or hot liquids and consumption of food, but you may drink cold or room temperature water while wearing the aligners.
- Brush your teeth before wearing aligners and during treatment to prevent decay.
- Wash the aligners with a soft brush using toothpaste with lukewarm water not hot water.
- Any fillings, extractions, crown and bridge works must be done after treatment.
- Increase the frequency of drinking water during treatment to avoid dry mouth. You may drink cold or room temperature water while wearing the aligner.

